

# Cowtons News

*Then sings my soul...*

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“HOW  
GREAT  
THOU ART”

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**The Magazine for The Parish of The Cowtons**

**October 2019** Issue 78

# The Parish of The Cowtons

## The Benefice of The Wiske

**Priest in Charge: Revd. Lynn Thorius 01609 881451**  
**mob. 07788862397 lynnthorius12@btinternet.com**

**Churchwarden:**  
 Christine Johnson  
 01325 378481  
 christinemjb@hotmail.com

**Secretary: Babs Barber**  
**01325 378897**  
**babs.barber@ymail.com**

**Treasurer:**  
 Hazel Masterman  
 01325 378382

**Magazine:** Jean Dennis  
 01325 378589  
 cowtonsparishnews@hotmail.co.uk

**COWTONS WEBSITE :- <http://www.parishofthecowtons.co.uk>**  
**WISKE BENEFICE WEBSITE :- <https://www.wiskebenefice.org>**



**Facebook page – All Saints Church East Cowton**

### Useful Local Contacts

#### East Cowton Parish Council:

Chairman – Elaine Simpson;  
 Parish Clerk – Judith Kilsby 01325 378473

#### North Cowton Parish Council:

Chairman – Jeremy Marley;  
 Parish Clerk – Alison Hughes 01325 378326

**Richmondshire Council Offices: (for North Cowton)** Phone: 01748 829100

Mercury House, Station Road, Richmond,  
 North Yorkshire DL10 4JX

**Hambleton Council Offices: (for East & South Cowton)** Call on 0845 1211 555 or 01609 779977

Civic Centre, Stone Cross, Northallerton,  
 North Yorkshire, DL6 2UU

#### Local Doctors:

Scorton Medical Centre: 01748 811320  
 Mowbray House, Northallerton: 01609 760002  
 Mayford House Northallerton: 01609 772 105

#### Hospitals:

Friarage Hospital, Northallerton: 01609 779911  
 James Cook University Hospital Middlesbrough:  
 01642 850850 (24hr switchboard)  
<http://southtees.nhs.uk>  
 Darlington Memorial Hospital: 01325 380100  
<http://www.cddft.nhs.uk>

**Public Transport:** Trains: Stations at Darlington &  
 Northallerton. (East Coast Mainline) National Rail  
 enquiries: 08457 48 49 50

Buses: Hodgsons no.72 bus to Darlington &  
 Northallerton. Enquires: 01833 630730

#### East Cowton Village Hall Contact:

Secretary – Peter Ball 01325 378340

#### North Cowton Village Hall Contact:

Dave Hughes 01325 378326  
 ncvh.contact@gmail.com

#### All Saints' Annexe Contact:

Traudel Walker 01325 378531

#### Cowtons & Countryside U3A

Chairman: Denis Smith 01325 378630

#### 1st Great Smeaton Cubs & Scouts:

Pat Watson 01325 378783

#### Cycling Group Contact:

John Yorke 07795 097985

#### East Cowton Cricket Club Contact:

Peter Clark 07730 656571

#### Cowtons Football Club Contact:

Paul Middleton 01325 378497

#### North Cowton Women's Institute Contact:

President; Diane Nixon 01325 378480

#### East Cowton CE (VC) Primary School:

Head teacher: Mrs Helen Dudman  
 Office: 01325 378347

#### North & South Cowton Community Primary

**School:** Head teacher: Trevor Watson.

Office 01325 378240

#### 'Benefice of The Wiske' Mothers Union

Contact: Jackie Blackwood 01609 881660

### The Reverend David Lewis RIP

It is with great sadness that I announce the sudden and unexpected death of the Reverend David Lewis aged 58 on Monday 9 September 2019.

David is believed to have died while out jogging near the village of Elmley Castle where he lived. He had been rector in the Diocese of Worcester for the past eighteen months, previously spending fourteen years ministering in the Diocese of Ripon and Leeds and latterly the new Diocese of Leeds. David served in the East Richmond Team Ministry group and was Rector of the Benefice of the Wiske until he moved to the Diocese of Worcester.

The Bishop of Worcester, Dr John Inge, said: 'David was an outstanding priest who had won the hearts of all those to whom he ministered in the months since he came to this diocese. His untimely death is a terrible tragedy and he will be greatly missed. Very many people, myself included, had profound affection and respect for him.'

Our thoughts and prayers are with all who mourn his passing, particularly his mother, his brothers and their families.'

We in the benefice of the Wiske pray for David's family who have suffered a great loss. We all feel their loss and support them in it.

In our sorrow we turn to Christ, who is the Shepherd and guardian of our souls.

David believed in Christ the Good Shepherd; may he now enjoy the fullness of eternal life in the kingdom of heaven. AMEN.

*Reverend Lynn Thorius.*

*David's funeral took place on the 24 September, 2019 @ 1.00pm at his church in Elmley Castle, Worcester.*

*There will be a memorial service for David, held at All Saints' on 13 October. See page 4 for details.*

### From The Registers

#### Baptisms

22 September  
 funerals

Amelia Owens

Danby Wiske Parish Church

4 September

Alan Cole

St Mary's, Appleton Wiske

21 September

Betty Crawshaw (aged 96)

Interment of Ashes at St Mary's, South Cowton

## All Saints' Church, East Cowton will host a memorial service for Rev David Lewis on Sunday 13<sup>th</sup> October starting at 3pm.

Rev David was vicar in our benefice for 14 years, only leaving in March last year, for Elmley Castle in the Diocese of Worcester, to be nearer his Mum. He was always cheerful, very approachable, and prepared to join in (even joining the youth group with their 'sleepout'). Always there to give support, reassurance, encouragement and leadership. He always preached a very good sermon, as demonstrated in the many thought-provoking articles, he wrote for the 'Cowtons News'! This service will give everyone a chance to reflect on the time David spent in this area. His funeral took place on 24 September in Elmley Castle, Worcester, in the church where he was rector.

### Bible Study

The Autumn sessions continue on Thursday 3<sup>rd</sup>, 17<sup>th</sup> & 31<sup>st</sup> October. Discussing the Book of Ephesians. 10.30am start, All Saints' Annexe. All are welcome. Refreshments will be served from 10.15am.



## OPERATION CHRISTMAS CHILD SHOEBOX APPEAL

It is time to get packing shoeboxes again. Look out for the easy assemble boxes and leaflets. They will be available in Church, & the Annexe, at the Community Shop, Pop-Up Café on Fridays, and East Cowton School. Or contact one of the organisers, who will be pleased to help.

If you do not have time to pack a shoebox; gifts to fill them will be very welcome -: toys, small musical instruments, clip on earrings, necklaces, sunglasses etc (not war toys, knives, glass or liquids); stationery, stickers, puzzles (no sharp objects such as scissors); hygiene items, soap, toothpaste, toothbrushes, flannels, brushes, combs (but not liquids or aerosols); hats, caps, headbands, gloves, scarves (thanks to our marvellous knitters) sweets (sell by date March 2020 or after) but no chocolate. All stuffed toys must have the CE mark. No novels and nothing of a political nature and no medicines. Every shoebox means another happy child.....

East Cowton School will act as a Collection point again, and will need them ready for the collection date, sometime in early November.

*Linda Bainbridge, Peta Villiers and Rachel Stowe*

## Hall For Hire

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## NORTH & SOUTH COWTON COMMUNITY PRIMARY SCHOOL

After several weeks of Summer fun, the children and staff returned to the new school year ready and raring to go. We welcomed Oliver Hodgson, who has joined the reception class and has already been taken under lots of older children's wings.

Key Stage One are learning about The Great Fire of London and have lots of creative lessons planned to bring the topic to life.

The Key Stage Two pupils are building on prior knowledge of the Stone Age, and their learning across the curriculum will be linked where appropriate - including a fun shared learning day with our federation partner school, Melsonby Methodist Primary.

Aldi are issuing Team GB athlete stickers with every £30 spent in store. We have a target of reaching 300 stickers, to receive an exclusive school sports kit and be entered into the chance to win £20,000 for the school. Please think of us at the check out and drop off any that you manage to collect at the school office. Every little helps!

This term is set to be a busy one so there will be lots to report back on over the next few months!

**\*\*Our school Harvest Festival will be held on Friday 25 October.**

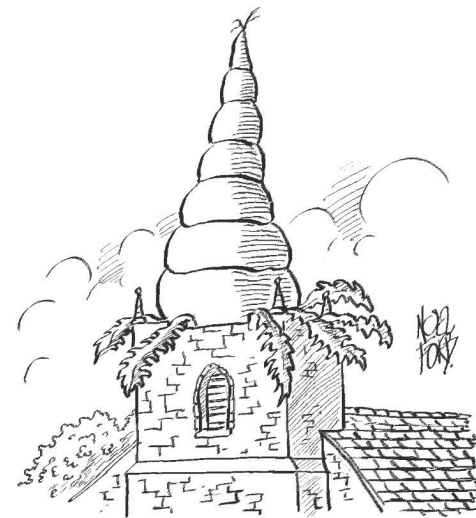
2.30pm in North Cowton Village Hall. All welcome.

## East Cowton Parish Council

We request volunteers to attend 2 village volunteer working days on Saturday, 19 October and Sunday, 20 October in order to complete essential maintenance around the village, (including painting the playpark and weatherproofing the benches). If you can assist please contact the Parish Clerk at [judithkilsby@yahoo.co.uk](mailto:judithkilsby@yahoo.co.uk) or attend outside the village hall at 9.30am on either day.

The Parish Council are also looking to facilitate a co-ordinated village celebration of the 75th anniversary of VE day over the bank holiday weekend, 8th to 10th May 2020. If you are interested in assisting with the organisation please contact Judith, as above. Council meetings usually take place on the 2nd Monday of the month with the next one being held at 7.30pm on 14th October at the village hall. The public are encouraged to attend and have their say. Further information can be found on the Parish Council website.

[eastcowtonvillage.weebly.com/parish-council](http://eastcowtonvillage.weebly.com/parish-council)



The previous month's Harvest Festival donation from the Genetic Modification research laboratory was proving to be a useful stop-gap until the steeple restoration fund reached its target



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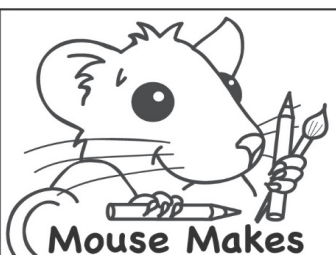
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**Jesus said:**  
*"I am the **vine**;  
 you are the **branches**.  
 The one who remains  
 in me -and I in him -  
 bears much **fruit**,  
 because apart  
 from me you can  
 accomplish nothing."*  
 John 15:5

*"My **commandment** is this -  
 to love one another just  
 as I have loved you."*  
 John 15:12

*"No one has greater  
**love** than this -  
 that one lays down  
 his life for his friends."*  
 John 15:13

You can read  
 Jesus' teaching on  
 The True Vine in:  
 John 15:1-17

How many other  
 words can you make from:  
**THE TRUE VINE**

Each of the word  
 in **bold** on this page  
 is hidden in the  
 bunches of grapes.  
 Can you work  
 out which bunch  
 each word is in?

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## ALL SOULS' SERVICE OF LIGHT

**Saturday 2<sup>nd</sup> November All Saints' Church, East Cowton**

We are celebrating All Souls' Day with a 'Service of Light' starting at 7pm. This will be an opportunity to come along and remember those who have departed. It does not have to be just for those in the last year, but can be for remembering anyone who has died, even if it is many years ago. It will be a time of quiet reflection and prayers.

There will also be an opportunity to light a candle in memory of your loved ones; or somebody can light one for you. - or you can just sit quietly in your own thoughts. Rev Lynn Thorius will lead the service.

**Many people find this a very comforting service, so we do hope you will be able to come along.**



	1	9		6			3	
8	5				2	1		
	3		9			6	8	
	8				9	3	7	
3	9			7			2	1
	4	1	5				6	
	6	4			1		5	
		3	4				1	6
	7			5		2	4	

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## North Cowton Village Hall Events

**5-105 Family Fit Fitness:** Friday 6:30pm-7:00pm Metabolic Effect Fitness Class

**Tuesday 11am-12noon Fitness & Social Class** for any age

**Women's Institute:** 1st Wednesday of the month at 7pm

**Yoga Class:** - Monday 6:30pm-7:30pm

**Community Choir:** Tuesday nights 8:00pm-9:30pm



**The Cowtons' Harvest Festival will be held at  
11.00am on Sunday 6 October**

**All Saints' Church**

*There will be a light Lunch available in the annexe, after the service.*

*Vegetable soup & Fruit crumble; all freshly harvested, of course!*

**All Welcome.**

We will be asking for donations of goods, which will be to be taken to Darlington Family Help, preferably as canned or packet foods, as these are longer lasting, but fresh produce is also welcome.

*Darlington Family Help offers Refuge accommodation for victims of domestic abuse, a 24hr service, outreach and aftercare support; emotional and practical support and a confidential helpline (01325 364486) As a charity they are always very pleased for our gifts, especially in these challenging times.*

**All Saints' Annexe, East Cowton  
7pm, Saturday 26 October**

**£5 (on the door)- includes an ice cream during interval**

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## EAST COWTON VILLAGE HALL

As previously publicised, the **SPECIAL GENERAL MEETING** of the East Cowton New Village Hall Association took place on the 5th September. The basic intention was to take some steps towards improving the **ECNVHA's** chances of achieving that elusive Big Grant we need in order to build a new hall. The meeting took a first step in passing the following motion:

"This meeting of The East Cowton New Village Hall Association *agrees in principle the intention to convert to a Charitable Incorporated Organisation (a CIO) and with legal advice, working group from the Executive Committee to proceed with drawing up the necessary documents and for these to be presented at a further SGM.*" 18 for, 0 against, 2 abstentions.

So, a lot of work to do and eventually another SGM to move, if thought the best way to go (which is likely), towards making the necessary changes to the current constitution of the **ECNVHA** in order to convert to a '**CIO**' style constitution. Watch out for another **SGM**!

### GET YOUR TICKETS



We have been lucky to book the modern folk style singer songwriter **SARAH McQUAID** who will be coming to the Hall on the **EVENING of SUNDAY 17th NOVEMBER**. Interestingly, Sarah will be making over 30 Tour stops across the USA in September and October before continuing in the UK in November. **TICKETS: £10 (£12 on the door) - at EC Shop (or contact Pauline on 01325 378459) also at Pop Up Cafe. Also contact any committee member.**

As a bonus for guitar players, **Sarah is offering a GUITAR WORKSHOP** on the afternoon of the 17th; Sarah's fee for the workshop is £20. For more info' on this see: <http://www.sarahmcquaid.com/workshops>. A feature of the workshop is an insight into DADGAD tuning.



Interested? Contact Peter Ball 01325378340 / [peteball@btinternet.com](mailto:peteball@btinternet.com); Stuart Barker 01325378335 / [stuartbarker44@btinternet.com](mailto:stuartbarker44@btinternet.com) or Linda Bainbridge 077944272 90 / 01325713201 / [lindarosemary@hotmail.com](mailto:lindarosemary@hotmail.com) (Also for Hall bookings)

**CHAIRS.....** Getting closer to choosing a type/style of chair. Some examples have been seen in the Village Hall since early in September. It is likely that a Sponsor-a-Chair donation will be £25.

Your wish to donate will be gratefully received & noted by committee members – but in particular by Stuart, Peter & Linda (see their e-mails as above).

**LOOKING AHEAD:** In OCTOBER - the annual **Grand Xmas Raffle** tickets will be on sale - from the shop & from committee members. As usual a super, quality **HAMPER** will be first prize & of course there will be lots and lots of other good prizes (raffle to be drawn in December at a special evening cafe event). The East Cowton **Xmas Card** also will be on sale - from the shop or from Stuart Barker.

**Village Hall website:**



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"So really, it is very easy to understand how Brexit will affect our parish..."



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### East Cowton Primary School



As always it was wonderful to greet the children back to school and we've thoroughly enjoyed hearing the stories of what they've been up to over the summer.

This term the curriculum is based around the theme 'Art in the Environment'. Children will take part in a rich variety of learning activities that encourage them to think about the role of the arts in bringing people and communities together. We hope to end our topic with a new piece of artwork to enhance our school environment.

As you will no doubt have noticed, the mobile classroom was removed over the summer holiday. There is still a little bit of work to be done to remove the fence and paint the front gates, but we think you will agree that it has really tidied up the front of the school!

We are delighted to announce that East Cowton School has achieved the School Games Silver Mark Award for the 2018/19 academic year. The School Games Mark is a Government led award scheme launched in 2012, facilitated by the Youth Sport Trust to reward schools for their commitment to the development of competition across their school and into the community, and we are delighted to have been recognised for our success.

We have a busy few weeks coming up with a Judo taster session, Cross Country running and our on-going rugby PE sessions, so we will feed back progress in our next article!

### You may love him, but....!

Young women are less and less likely to share their finances with their 'significant other'. A recent survey has found that nearly half of women aged below 34 prefer financial independence.

As one accountant explained: 'With women increasingly entering marriage later in life, after years of earning their own income and controlling their own finances, it's unsurprising that many are turning their back on a 'what's mine is yours' approach.

Meanwhile, as women tend to outlive men, more than 60 per cent of the UK's wealth is expected to be in the hands of women by 2025. The study was carried out by Netwealth.



### All Saints' Christmas Market

This will be held on the afternoon of  
**Saturday 23 November 2pm – 4pm.**

We are appealing for gift type items that we will be able to sell on one of our stalls. Also, Tombola prizes, Cakes, etc. If you have anything suitable, please contact Christine Johnson, 378481, Jean Dennis, 378589, or Hazel Masterman 378382. Or give to any member of the All Saints' committee.  
Thank you.



### EAST COWTON MUMS & TODDLERS

The Mums & Toddlers' Group have re-started. They meet at 10am in the Church Annexe on a Wednesday morning during term-time, except for the third Wednesday of the month when they meet in East Cowton school.

Contact Sharon Crisp on **07778872991** for more details.

### WEDNESDAY LUNCH CLUB

This is held fortnightly at the  
BEESWING, East Cowton  
Meal is served at 12.15

2 courses, tea/coffee. only £7.50  
**Meeting on October 2<sup>nd</sup>, 16<sup>th</sup> & 30<sup>th</sup>**

For further details and to book,  
please contact Glenys Bull: **01325 378564**

**ALL WELCOME**

\*\*\*We have launched a new website for whole of the WISKE BENEFICE\*\*\*

This can be found at: <https://www.wiskebenefice.org>

On it you should be able to find service times, details about the youth group, and lots of useful links and information – including the latest edition of the 'Cowtons News'

THE THIRD AGE TRUST



THE UNIVERSITY OF THE THIRD AGE

## COWTONS & COUNTRYSIDE U3A

Our next Monthly Meeting will be held in All Saints' Church Annexe, East Cowton, at 2.00pm. on Thursday, 10<sup>th</sup> October.

The speaker will be

**Mr Bill Greenwood who will talk on 'Numbers'**

Members and non-members are invited to attend

£1.50 – refreshments included

Your local U3A is Cowtons & Countryside U3A and our registered home is the All Saints' Church Annexe in East Cowton, with a Membership of around 100. We currently offer the following activities:

Art, Art Appreciation, Architecture, Book Group, Bridge, Canasta, Carpet Bowls, Crafts, French, German, Garden Visiting Group, Mah Jong, Outdoor Painting, Philosophy, Poetry & Prose, & Tai Chi.

Interested? for more information Contact: Elaine Smith 01325 378630 or Linda Bowman 01325 378344.

## The rise of self-employment

Those aged over 50 now make up nearly half of all self-employed workers. That is about 2.27 million people, up from 1.45 million a decade ago. And almost one in five of the self-employed work-force is over 60. With a rising state pension age and a longer life expectancy, they need the money. But companies tend to discriminate against older people who have had to take time out of their careers, perhaps to look after grandchildren or an elderly relative. So many older people have no choice but to venture into the world of self-employment, to make ends meet. But it's not all bad news. Researchers point out: "Self-employment can offer opportunities for flexible, fulfilling and rewarding work." The study was done by Rest Less, a jobs and advice site catering for older people.

## JOHN DAKYN TRUST, EAST COWTON

Just a quick reminder that modest GRANTS are still available for young East Cowton people of school age, ranging from around £20 to £100 - and sometimes above.

The aim: to help young people take part in interesting and worthwhile projects and/or help them with their education in the formal or broader sense of the word. For more info see the February



19 edition of this magazine (viewable on the All Saints' website) or contact Stuart Barker: [stuartbarker44@btinternet.com](mailto:stuartbarker44@btinternet.com) tel: 01325 378335

When applying please make it in hard copy letter form & post it to Stuart Barker, 30 Wycliffe Road, East Cowton.

## Flower Arranging Demonstration

by Linda Breckon

Entitled 'All is Safely Gathered In'

Saturday 5 October - 2pm

In St Eloy's Church, Gt Smeaton

Tickets £7 including a welcome drink

telephone 01609 881383 for tickets

proceeds for St Eloy's church funds

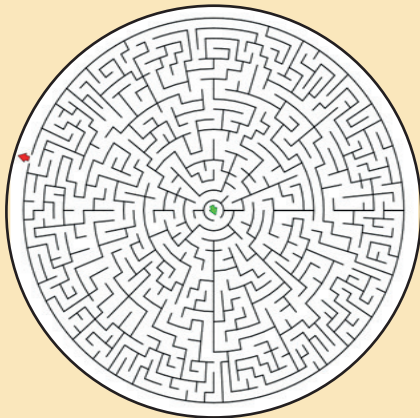
Benefice of The Wiske – October 2019				
	1 <sup>ST</sup> SUNDAY 6 <sup>th</sup> October 16 <sup>th</sup> after Trinity	2 <sup>ND</sup> SUNDAY 13 <sup>th</sup> October 17 <sup>th</sup> after Trinity	3 <sup>RD</sup> SUNDAY 20 <sup>th</sup> October 18 <sup>th</sup> after Trinity	4 <sup>TH</sup> SUNDAY 27 <sup>th</sup> October Last after Trinity
Birkby	7.00pm Harvest Festival Rev Lynn Thorius		9.30 am Holy Communion (BCP) Rev Lynn Thorius	
Danby Wiske		11.00am Holy Communion (CW) Rev Lynn Thorius	11.00am Morning Prayer (CW) Lay led	6.00pm Holy Communion (CW) Rev Lesley Ashton
East Cowton	11.00am Harvest Festival & Family Communion Rev Derek Mills	3.00pm Memorial Service for Rev David Lewis Rev Lynn Thorius	9.30am Holy Communion (CW) Rev Derek Mills	11.00am Morning Prayer Di Pownall
Appleton Wiske		11.00am Holy Communion (CW) Rev Chris Pearson		11.00am Holy Communion (CW) Rev Lynn Thorius
Great Smeaton	9.30 am Harvest Festival & Family Communion Rev Lynn Thorius		11.00am Holy Communion (CW) Rev Lynn Thorius	
Psalms Old Testament Epistle Gospel	37 v 1-9 Habakkuk 1 v 1-4, 2 v 1-4 2 Timothy 1 v 1-14 Luke 17 v 5 - 10	111 2 Kings 5 v 1-3, v 7-15c 2 Timothy 2 v 8 - 15 Luke 17 v 11 - 19	121 Genesis 32 v 22 - 31 2 Timothy 3 v 14 to 4 v 5 Luke 18 v 1 - 8	84 v 1 - 7 Jeremiah 14 v 7-10, 19-end 2 Timothy 4 v 6-8, 16-18 Luke 18 v 9 - 14
Friday 4 October – 7pm - Harvest Festival & Harvest Supper – Danby Wiske Parish Church				



# CALENDAR

Wednesday	2 Oct	10.00am 12.15pm 7.00pm	Mums & Toddlers Lunch Club WI - Glenis Wedzicha – Science co-ordinator	All Saints' Annexe Beeswing  North Cowton Village Hall
Thursday	3 Oct	10.30am	Bible Study	All Saints' Annexe
Friday	4 Oct	7.30pm	Youth Group	All Saints' Annexe
Wednesday	9 Oct	10.00am	Mums & Toddlers	All Saints' Annexe
Thursday	10 Oct	2.00pm	U3A monthly meeting	All Saints' Annexe
Wednesday	16 Oct	10.00am 12.15pm	Mums & Toddlers Lunch Club	All Saints' Annexe Beeswing
Thursday	17 Oct	10.30am	Bible Study	All Saints' Annexe
Friday	18 Oct	7.30pm	Youth Group	All Saints' Annexe
Wednesday	23 Oct	10.00am	Mums & Toddlers	East Cowton School
Friday	25 Oct	2.30pm	North & South Cowton School Harvest Festival	North Cowton Village Hall
Saturday	26 Oct	7.00pm	Film Night – Stan & Ollie	All Saints' Annexe
Wednesday	30 Oct	12.15pm	Lunch Club	Beeswing
Thursday	31 Oct	10.30am	Bible Study	All Saints' Annexe
Saturday	2 Nov	7.00pm	All Souls' Service	All Saints' Church
Saturday	23 Nov	2.00pm	Christmas Market	All Saints' Annexe

For Sunday Services please see page 19.



6	4	2	9	5	3	8	7	1
1	6	3	4	7	6	3	4	5
3	7	5	1	7	8	2	4	6
8	6	9	2	3	5	1	4	7
2	1	4	8	6	7	5	3	9
5	7	2	1	4	9	3	8	6
4	3	7	9	1	5	6	2	8
8	5	6	7	3	2	1	9	4
7	4	5	8	6	4	9	1	2

**Liz Donaldson**

Freelance Hairdresser

 01325 378206

LADIES & GENTS

Perms, Colours, Blow-dry, Shampoo + Set



The Deadline for the **November** magazine is

**15 October**